



MOA
Nuts



CERRADO

EXPLORE THE BEST OF BRAZIL'S NATURE

Discover the pleasure of savoring meals made with carefully selected ingredients and prepared with love and dedication. Deliciously natural, this is our philosophy, and we are here to share it with you!

Commitment to Nature and Community We partner with small producers from the Brazilian cerrado, ensuring the sustainable origin of our nuts and contributing to the local economy.

Sustainable Practices From the harvest of the nuts to their arrival at your table, we ensure that all our actions are ecologically correct and socially fair.

Health and Taste in Harmony We are here to prove that it is possible to combine taste and health in the same meal. Our nuts from the Brazilian cerrado are proof of this. They are delicious, nutritious and bring the authentic flavor of the cerrado.

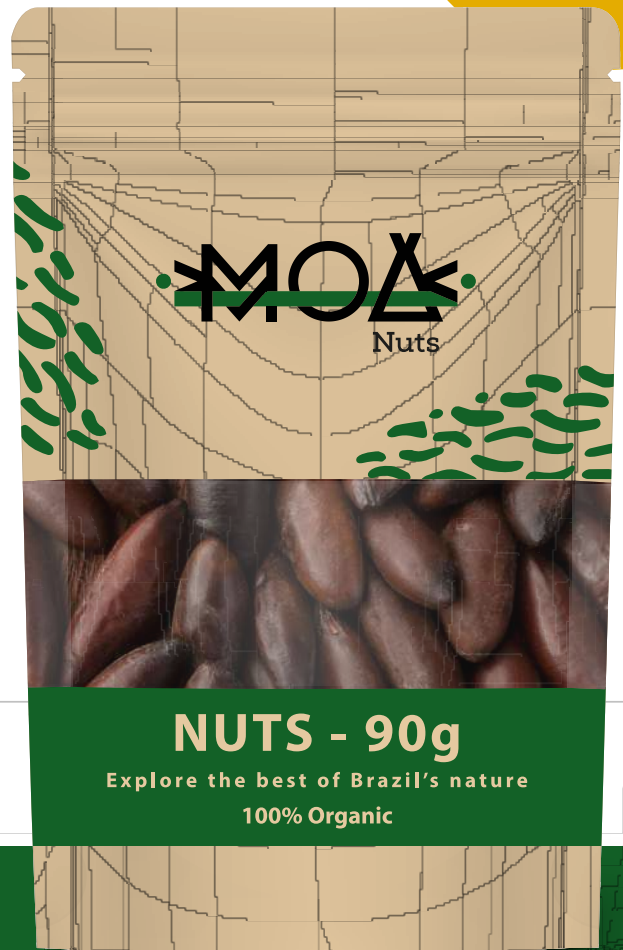
Join Our Journey We invite you to join us on our journey towards a healthier and tastier life. With Moa nuts, you will be able to savor the best of the Brazilian cerrado and, at the same time, contribute to the preservation of this important ecosystem.

TOP 5 REASONS TO EAT BRAZIL NUTS

Did you know in Brazil it's illegal to cut down a Brazil nut tree and that the nuts sink in fresh water?



- Selenium which contributes to your antioxidant activity and enhances your immune system
- Copper for your antioxidant activity, cellular energy and immune system
- Magnesium which is essential for your DNA and turns fats and carbs into cellular energy
- Phosphorus for energy and maintaining the chemical balance of your body
- Thiamin (B1) contributes to the creation of your DNA, is essential for energy & is closely linked to the activity of other B vitamins



BARU NUTS

Good source of vitamin E | Good source of protein
Cholesterol-free | Sodium-free | High-fiber

A serving of baru nuts provides about 6% of the daily value of potassium and iron, 10% of the daily value of zinc, 15% of the daily value of magnesium, and 30% of the daily value of vitamin E





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